The | Le Royal
Mental Health - Care & Research
Santé mentale - Soins et recherche

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Information and Consent Form

Study Title: Moving toward prevention: Encouraging men with a sexual interest in children to seek treatment before offending.

Principal Investigator: Dr. Paul Fedoroff
Co-Investigators: Natasha Knack, Rebekah Ranger, Susan Curry and Lisa Murphy

You are being asked to take part in a research study. Before you decide to be a part of this research, you need to be aware of the risks and benefits so that you can make an informed choice. This form should give you all the information about the study and what your participation will involve. If you would like to know more, you should feel free to ask. Once you understand what the study involves, you will be asked to sign this consent form if you want to participate.

Purpose of the Study: The purpose of this study is to help men with a sexual interest in children get treatment for this interest, and to better understand their quality of life, both before and after receiving treatment.

What will be expected of you as a participant: Your participation in this study will involve two parts:

- *Time 1:* Meeting with a research assistant to complete a questionnaire package that will ask about your mood, substance use, stress, coping mechanisms, sexual history, functioning, behaviours and interests, and self-esteem.
- *Time 2*: Completing the same questionnaire package, either in-person or via a secured online survey program .

During your *Time 1* visit, you will be given the following options for assessment and treatment in our clinic. You are free to choose to complete any or all of these options, however they are not required and are not part of the study:

1. A research consult with Dr. Fedoroff, Director of the Sexual Behaviours Clinic (SBC) to explain what the SBC is, what treatments are offered, and what is involved in an SBC assessment.
2. An SBC assessment, which involves completing more questionnaires and measuring sexual arousal to different stimuli.
3. A debriefing appointment with Dr. Fedoroff to review the results of the SBC assessment and discuss treatment options.

Potential Risk: Due to the sexual nature of the questionnaires, you may experience some distress and/or embarrassment. If this happens, you will be given the option to withdraw from the study, with no negative consequences. You are still able to seek treatment in the SBC even if you withdraw from the study.

Potential Benefits: We hope that this research will help us to determine the best way to complete this type of study. We also hope to gain a better understanding of men with a sexual interest in children who are not under the supervision of the legal system, which will assist in designing specialized treatment plans for this population.

Confidentiality: All information collected for research purposes is confidential. It will be stored in a locked filing cabinet in the University of Ottawa Institute of Mental Health Research for seven years, separate from this consent form. After signing this form, you will only be known by a code number. An electronic list linking code numbers to names will be kept on The Royal's secure network for seven years. Research information may be reviewed by the Research Ethics Board and/or Research Quality Associate for quality assurance purposes. Aside from this, only the research team will see this information. If the results of this study are published or presented, you will not be identified. **If you report that you are currently having sexual relations with a child, who is still a child, and is identifiable, this must be reported to the Children's Aid Society.**

Voluntary Participation: Taking part in this study is voluntary. You may refuse to participate in the study or stop at any time during the course of the study. If you decide not to be in the study, or if you withdraw from the study, it will not affect your eligibility to receive treatment at this centre in any way, now or in the future.

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Agreement to Participate in a Research Study

Moving toward prevention: Encouraging men with a sexual interest in children to seek treatment before offending.

Principal Investigator: Dr. Paul Fedoroff
Co-Investigators: Natasha Knack, Rebekah Ranger, Susan Curry and Lisa Murphy

Participant's Name: _____

1. I, the above named individual, voluntarily agree to take part in this research study. The purpose of the study and what is involved has been explained to me. I have read and understood the information sheet.

2. I understand that by signing this consent form I am only agreeing to complete a package of questionnaires and that I am in no way obligated to attend any of the additional appointments that will be offered to me as part of this study.

3. I am aware that I will not be referred to by name in any report about the study and my name will not be given to anyone not directly involved in the study.

4. I understand the potential risks and benefits of this study and that I am free to withdraw from this study at any time, without my eligibility for treatment being affected in anyway. If I choose to withdraw, any information provided about me, or from me, will be destroyed and will not be used in the study.

Signature: _____ Date: _____

Witness: _____ Date: _____

Participant's Email: _____

Your email address will not be used for any purpose other than to send you a link to complete the questionnaire package again in six months. Your email address will not be shared with anyone not involved in this research study.

If you have any questions about the study, you may contact Natasha Knack at 613-722-6521 ext. 6236.

If you have any questions about your role as a research participant, you may contact The Royal's Research Ethics Board at 613-722-6521 ext. 6214.