

## Research study

The SBC is conducting a research study to encourage men with a sexual interest in children to seek treatment for this issue.

The study involves completing a package of questionnaires at two times (first meeting and 6 months later). You will also be given options for assessment and treatment in the SBC. These are entirely voluntary.

### *The goals of our study are to:*

1. Assess the feasibility of reaching men with a sexual interest in children via ad campaign and website.
2. Provide treatment to men who have a sexual interest in children and want help for their problematic sexual interests.
3. Educate the public about pedophilia to reduce the stigma associated with having this psychiatric disorder.

### *The criteria for the study are:*

1. Adult male (18+).
2. Admit to sexual interest in children but never received treatment for this.
3. Fall into one of these categories:
  - Never committed child sexual abuse (CSA) or viewed child porn (CP).
  - Committed CSA and/or viewed CP, but never charged or convicted.
  - Convicted of CSA and/or viewing CP, but no longer on probation or parole.

[sexualbehavioursclinic.ca](http://sexualbehavioursclinic.ca)

## Confidentiality

Participating in research is confidential, with the exception of Ontario's mandatory reporting requirements. To find out when we have to break confidentiality, please visit us at: [sexualbehavioursclinic.ca/confidentiality](http://sexualbehavioursclinic.ca/confidentiality)

**THOUGHTS ARE NOT ILLEGAL, ACTS CAN BE.**

## Participating in research

The SBC would very much appreciate your participation in our research study.

If you are interested in participating, would like to learn more about the study or want to anonymously contact the research team, please visit us at: [sexualbehavioursclinic.ca](http://sexualbehavioursclinic.ca)

## How to get treatment

Want to get treatment in the SBC without participating in research?

Simply visit the website below, print out the referral form, and bring it to a family doctor or walk-in clinic doctor.

[sexualbehavioursclinic.ca/referrals](http://sexualbehavioursclinic.ca/referrals)

*"When I look at a child now, I look at a child, it's as simple as that.. before, I would fantasize certain situations. I don't do that anymore."*

- SBC client

The SBC offers outpatient services to all of Eastern-Ontario.

**ENCOURAGING  
MEN WITH  
A SEXUAL  
INTEREST IN  
CHILDREN TO  
SEEK TREATMENT**

The Royal's  
**Sexual Behaviours Clinic**

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## Who we are

The Sexual Behaviours Clinic (SBC) treats men and women with a wide range of problematic sexual interests. Many of our clients are receiving treatment for a sexual interest in children (i.e. pedophilia).

Some clients have been charged with sexual offences. We also treat clients who have never committed a sexual offence, and want help for their problematic sexual interests.

We are not here to judge, we're here to help.

*"If I had known about this group I would never have went down the path I did."*

- SBC client

## What we do

Treatment is based on the belief that sexual interests can be changed. This means that people who have a sexual interest in children can receive treatment to help redirect their sexual interest toward consenting adults.

The SBC provides individual and group psychotherapy, couple/family counselling, and medications if needed. We also offer referrals to relevant resources, such as social workers, occupational therapists, and outpatient day programs.

*"I thought group therapy might help me to learn how to control myself better, and it has, but I didn't realize it could help make the urges go away. I don't wake up with unhealthy urges anymore."*

- SBC client

**sexualbehavioursclinic.ca**

## Treatment groups

The SBC offers voluntary weekly treatment groups, led by Director Dr. Paul Fedoroff and a social worker.

These include a mood group, a social skills group, an adult interest group (for clients with pedophilic interests), and a resiliency group. We also offer a group for client's friends and family once every three months. You pick the group(s).

*"The group therapy sessions are so helpful. You find out that you're not alone, and you see other guys succeeding. It becomes apparent that everyone can be a success, if they work at it."*

- SBC client

## Use of medications

In the SBC, the use of medication is voluntary. This means you will never be forced to accept a medication that you don't want.

The SBC prescribes medications that have been scientifically shown to reduce problematic sexual thoughts, urges, and behaviours. Medications for other mental health issues (e.g. anxiety or depression) can also be prescribed.

**Pedophilia is NOT the same as child molestation.**

To learn the difference, please visit us at: **sexualbehavioursclinic.ca**

## Goals of treatment

1. Eliminate illegal and/or problematic sexual interests & behaviours.
2. Promote healthy sexual interests & legal sexual behaviours.
3. Improve client's psychosocial skills, coping strategies & quality of life.
4. Reduce risk of sexual offending.
5. Maintain successful community living.

*"I didn't think they'd be able to help me but they did.. now I feel healthy, strong, and I know I'm not alone."*

- SBC client

## Success rate

In the past 14 years, the number of active SBC clients who have committed a known hands-on sexual re-offence against a child is ZERO.

The vast majority of SBC clients complete their treatment and go on to lead healthy, happy, prosocial lives. This is the goal for all our clients.

*"Where the program really surprised me was how it showed me that I did and could have a future. With treatments, I could go on living a productive life. At first, this was hard to believe – now, I believe!"*

- SBC client

La clinique des comportements sexuels offre des traitements pour divers intérêts sexuels problématiques dans la région de l'Ontario Est. Pour les services en français, s'il vous plaît visitez: **sexualbehavioursclinic.ca**